

## Embryogenesis Species Gender And Identity

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### Planetary Mysteries North Atlantic Books

In books like Embyogenesis and Embryos, Galaxies, and Sentient Beings, author Richard Grossinger brought together the subjects of biological embryology and the esoteric process of human consciousness becoming embodied ("The embryo is the universe writing itself on its own body"). In Dark Pool of Light, his latest creation, Grossinger weaves neuroscience-based behaviorism and the phenomenology of "being" and reality together with psychological and psychospiritual views of "that single thing which is most difficult to understand or vindicate: our own existence." In 2008 Grossinger began studying with noted psychic teacher John Friedlander, who helped him refine his vision of cerebral and somatic awareness to still subtler levels. "Dark Pool of Light began unnamed in the journals of my psychic work with John Friedlander," says Grossinger, "not so much a record of actual practices as insights from them and extensions out of them." An expansive inquiry into the nature of consciousness, the series examines the tension between the scientific and philosophical, and psychic views of the same phenomena, and includes "field notes" and experiential exercises that invite the reader to make their own explorations. Dark Pool of Light is divided into three volumes: in Volume 1, Grossinger begins with the scientific and philosophical, analytical views of reality, exploring the science, parascience, philosophy, and psychology of consciousness. Covering topics as diverse as current discoveries in neuroscience and the philosophy of the ancient Greeks, the book gives a broad overview of the bodies of knowledge concerning the nature of reality and consciousness. Volume Two discusses the similarities and differences between European esoteric traditions and Buddhism in their approaches to the subjects, and gives a detailed description of the psychic training Grossinger undertook that informs much of his worldview. This expansive inquiry into the nature of consciousness ends with this third volume in the series, The Crisis and Future of Consciousness. Grossinger addresses the perennial question of evil and shares the author's hopes and fears for the future of humanity. While wisdom gleaned from such seemingly disparate sources as science, philosophy, religion, and spirituality might appear "very, very different things," Grossinger nevertheless finds their meeting place in subjective, lived experience.

Dark Pool of Light, Volume One North Atlantic Books

Planet Medicine is a major work by an anthropologist who looks at medicine in a broad context. In this edition, additions to this classic text include a section on Reiki, a comparison of types of palpation used in healing, updates on craniosacral therapy, and a means of understanding how different alternative medicines actually work. Illustrated throughout, this is the standard on the history, philosophy, and anthropology of this subject.

Planet Medicine North Atlantic Books

For the Earth to move to the next vibration, says Richard Grossinger, consciousness must change in profound ways, and these involve core elements of humanity: evil, grief, bliss, and compassion. 2013 locates these elements in often unlikely places and seeks their nature and capacity for change. With playfulness and precision, 2013 tackles the questions of creation and existence in their twenty-first-century incarnation. In these intellectual field notes, the author's absorbing style combines memoir with scientific deconstruction, metaphysical ontology, and experimental prose that recalls the Black Mountain school to draw transcendental insight from the ephemeral space-time we call daily life. Moving with equal ease between matters cosmic and earthly, Grossinger details existence as an exhilarating adventure always pushing us toward a higher state in this wide-ranging, humorous, and heartfelt book. Including an informal course in psychic development, 2013 sheds light on the ephemera of planets and iPods, politics and Zen, Buddy Holly and road trips in its study of the elements of psychic development that could transform humankind and the Earth.

The Secret Life of Babies North Atlantic Books

Why is the universe conscious? What kindles mind inside matter? Why do fundamentalist sciences and religions never ask these questions? This sequel to Embryogenesis deals with the

theoretical issues brought up by Embryogenesis, including: the relationship between thermodynamics/entropy and the emergence of life; a speculative set of embryogenic principles for all creatures on all planets in the cosmos; an explanation and critique of Intelligent Design and a proposal for a more dynamic psychospiritual theory of creature development; a series of alternatives to genetic determinism; a discussion of the relationship between consciousness and matter; an interjection of 9/11 (which occurred during the writing of this book); and many other topics. Chapters include: What is Life?: Evolution, Thermodynamics, and Complexity; Is There a Plan?: Creationism, Cultural Relativism, and Paraphysics; Biogenesis and Cosmogensis: Cells, Genes, and Planets; The Principles of Biological Design: Physical Forces in Nature; The Dynamics of the Biosphere: Deep Time and Space; The Limits of Genetic Determinism: Dimensionless Epigenetic Landscapes; Topokinesis: Physical Forces in Development; Tissue Motifs and Body Plans: Coordinating Form; The Primordial Field: Metabiology and The Molecular Apparatus; Meaning and Destiny: The Relation of Consciousness to Matter

Postformal Education Frog Books

In books like Embyogenesis and Embryos, Galaxies, and Sentient Beings, author Richard Grossinger brought together the subjects of biological embryology and the esoteric process of human consciousness becoming embodied ("The embryo is the universe writing itself on its own body"). In Dark Pool of Light, his three-volume series of books discussing the nature of reality and consciousness, Grossinger weaves neuroscience-based behaviorism and the phenomenology of "being" and reality together with psychological and psychospiritual views of "that single thing which is most difficult to understand or vindicate: our own existence." In 2008, Grossinger began studying with noted psychic teacher John Friedlander, who helped him refine his vision of cerebral and somatic awareness to still-subtler levels. "Dark Pool of Light began unnamed in the journals of my psychic work with John Friedlander," says Grossinger, "not so much a record of actual practices as insights from them and extensions out of them." This expansive inquiry into the nature of consciousness ends with this third volume in the series, The Crisis and Future of Consciousness. Grossinger addresses the perennial question of evil and shares the author's hopes and fears for the future of humanity. While wisdom gleaned from such seemingly disparate sources as science, philosophy, religion, and spirituality might appear "very, very different things," Grossinger nevertheless finds their meeting place in subjective, lived experience.

Stillness Oxford University Press

A bold affirmation that we are sentient before conception and in the womb, The Secret Life of Babies reveals author Mia Kalef's groundbreaking findings: babies are able to remember their earliest experiences, this consciousness precedes the physical development of the brain itself, and medical interventions during birth-like forceps and Cesareans—can imprint our relationships with the world and disconnect us from our sustainable place in the ecosystem. Kalef provides a six-step protocol for detecting these individual imprints and taking reparative steps for physiological and emotional balance and release. This book offers us an articulate guide to a transformation that can restore our essential nature. From the table of contents: Foreword by Andrew Feldmar Introduction: The Myth: Science and Experience The Quest: Sparking the Conversation Who Is This Book For? A Song Worth Singing PART ONE: Science Chapter 1: The First Principle: Babies Remember Their Experiences The Controversy A Place to Begin and End: Returning to Wholeness Essential Nature Essential Movements The Mechanisms The Model Perspectives and Purposes Chapter 2: The Second Principle: Consciousness Precedes the Brain Architecture That Supports It The Biological Paradox Brains, Fields, and Development The Effects of Chemical and Emotional Fields Chapter 3: The Third Principle: Babies Are Our Barometers Dominance versus Emergence Historical Cultural Indicators Present-Day Cultural Indicators PART TWO: Experience Chapter 4: The Fourth

Principle: It Is Never Too Late to Heal The Vision Horizon Preparing the Way Reclaiming the Body: The Path Home The Prototype PART THREE: Marriage Chapter5: The Intuitive Recovery Project The Anatomy of the Intuitive Recovery Project The Project Chapter 6: Summary From the Trade Paperback edition. **The Dreamlife of Johnny Baseball** North Atlantic Books

• Examines animal intelligences within a greater evolutionary context, detailing in particular the remarkable intelligence of crows and octopuses • Looks at the Australian Aborigine Dreamtime as an attempt to understand the combined geological and geomantic landscape • Investigates a range of ideas as they relate to the intersections of consciousness and reality, including reincarnation, past-life memories, ghosts, and UFOs From the origins of the cosmos to the microbiome, COVID-19 pandemic, UFOs, and the shapeshifting of octopuses and language of crows, Richard Grossinger traverses the mysteries and enigmas that define our universe and personal reality. Beginning his narrative with the Big Bang, origin of the Milky Way, and birth of our solar system, Grossinger offers a chronology of Earth's geological, climatological, biological, and sociological evolution, leading to the current environmental and psychospiritual crisis. He explores the origin of cell life, RNA-DNA, and larger biomes, detailing in particular the remarkable intelligence of crows and octopuses. He uses the Australian Aborigine Dreamtime to understand landscapes as thoughtforms. He then offers reimaginings, from the perspective of "dreamings," of a wide variety of animals, including tardigrades, llamas, sea turtles, pigeons, bees, and coyotes. Examining the scientific dilemmas and paradoxes of consciousness, time, and quantum entanglement, Grossinger carries these into the range of issues around reincarnation, past-life memories, messages from the afterlife, and ghosts. Sharing exercises from his personal practice, Grossinger makes a distinction between the Buddhist description of reality and how Buddhist practitioners create an operating manual for the universe and an assured path of salvation. The author then examines UFOs and their connections to elementals, fairies, and cryptids in terms of psychoids, Jung's term for transconscious processes that enter our world as autonomous entities. Taking the reader on a journey through the seen and unseen universe, from the Big Bang to the imaginal landscape of Dreamtime, Grossinger shows that matter is infused with spirit from its very beginning.

Migraine Auras National Academies Press

Rather than describe aspects of our global dilemma and pose interpretations and solutions, Ecology and Consciousness brings together a medley of voices crying out in Earth song. Some of them are sonorous, some of them shrill, some of them fully, some of them outrageous—all of them our paradox of consciousness in nature. Contributors include Gary Snyder, Knud Rasmussen, Roy A. Rappaport, Rinpoche Chogyon Trungpa, and Jacques Valle. **Biodynamic Craniosacral Therapy** North Atlantic Books

With disease statistics rising and health-care costs soaring, Calm Healing is a timely book indeed. Written in an accessible style, the book shows readers how to take an active role in their health by developing their innate skills for healing themselves and others. Part I presents a history of mind-body medicine, describing meditation methods across cultures and meditation research in the United States. Part II creates a new model of the human body based on a synthesis of disciplines, including quantum physics and energy medicine. Part III describes a wide range of healing methods including the healing practice of humor, cardio-awareness, progressive neuromuscular release, awareness-based energy breathing, transformative compassionate breathing, childbirth applications, and methods for near-

death care. This section concludes with an analysis of healing the present by healing the past. Part IV focuses on self-healing and the worldwide transformation made possible by the effective action of groups engaged in mind-body healing.

Migraine Auras Simon and Schuster

No baseball team has captured America's imagination like the Mets. Alternately the "Lovable Losers" and the "Miracle Mets," New York's other team offers fascinating fodder for writer Richard Grossinger in this thoughtful collection. The New York Mets is a series of probing essays on the best and most interesting years of the team, particularly 1969, 1973, 1986, and last year's abbreviated run. A pivotal essay chronicles the lives of a professional athlete and a die-hard fan to create a well-argued, deeply felt meditation on the ways in which franchise baseball has come to fail not only the fans but the players. This centerpiece presents a poignant narrative of Mets pitcher Terry Leach and author Grossinger's own experiences playing and tracking the sport. Taken together, these powerful essays alternately take the poet's, the alchemist's, and the player's perspective to paint a composite portrait that brings all the stunning highs and dispiriting lows together to show the ways in which America's favorite pastime has changed. Grossinger reflects on the salad days when teams were happily homegrown and laments the current money-ball scenario some call baseball today.

The Night Sky North Atlantic Books

In books like Embryogenesis and Embryos, Galaxies, and Sentient Beings, author Richard Grossinger brought together the subjects of biological embryology and the esoteric process of human consciousness becoming embodied ("The embryo is the universe writing itself on its own body"). In *Dark Pool of Light*, his three-volume series of books discussing the nature of reality and consciousness, Grossinger weaves neuroscience-based behaviorism and the phenomenology of "being" and reality together with psychological and psychospiritual views of "that single thing which is most difficult to understand or vindicate: our own existence." In Volume 1, Grossinger begins with the scientific and philosophical, analytical views of reality; the subtitle of that volume is *The Neuroscience, Evolution, and Ontology of Consciousness*. In Volume 2, *Consciousness in Psychospiritual and Psychic Ranges*, he examines psychic sensitivity and planes of existence from diverse experiential perspectives, including theosophy and Buddhism. In 2008, Grossinger began studying with noted psychic teacher John Friedlander, who helped him refine his vision of cerebral and somatic awareness to still-subtler levels. "Dark Pool of Light began unnamed in the journals of my psychic work with John Friedlander," says Grossinger, "not so much a record of actual practices as insights from them and extensions out of them." An expansive inquiry into the nature of consciousness, this volume includes these "field notes" and observations from Grossinger's studies in the imaginal psychic realm, as well as exercises to invite the reader to experience these dimensions for themselves.

Homeopathy: The Great Riddle North Atlantic Books

This is a wonderfully succinct book which sets forth the history, essence, and methodology of homeopathy. The book is well organized in 5 major sections. There is a very thorough overview of the precepts and tenets of the practice, its historical origins, a detailed and well-covered biography of Samuel Hahnemann and a review of the politics of the allopathy v. homeopathy debate. It is further embellished with copious annotations, an appendix with an actual case history and a very fine reference for homeopathic resources such as organizations, suppliers and other texts covering a variety of related topics. Call it a perfect Homeopathy 101 text if you will, the author makes a very even-handed presentation of the material, including the politics of medicine as they have evolved in the USA

over the past century.

Dreamtimes and Thoughtforms North Atlantic Books

*Planetary Mysteries* is a compilation of essays, fiction and non-fiction, meant to explore megaliths, glaciers, the face on Mars, and Aboriginal dreamtime, among other things. Contributors include: Richard Hoagland, Jeff Greenwald, Richard Grossinger, Normandi Ellis, John Brandi, Rob Brezny (the author of *Pronoia*), Gary David, and Richard Silberg.

**Dark Pool of Light 3 Volume Set** Simon and Schuster  
*Embryogenesis* is an unusual book in that it brings together a highly illustrated, practical embryology book in simple language, perfect for health practitioners, with a fascinating read on the history and philosophy of biological science. It discusses the various stages of embryonic development (meiosis, fertilization, blastula development, and gastrulation, and then the embryology of each of the human organs and organ systems in detail). It puts each of them in context, both in terms of its phylogeny: the evolutionary trajectory of cell-organized systems on Earth, and its ontogeny: the formation of individual organisms in the modern world. There are 24 color plates, many of them commissioned uniquely for this volume, and several hundred black and white illustrations. The book is 950 pages hardcover, 8-1/2 by 10. Chapters include: *The Original Earth; The Materials of Life; The First Beings; The Cell; The Genetic Code; Sperm and Egg; Fertilization; The Blastula; Gastrulation; Morphogenesis; Biological Fields; Chaos, Fractals, and Deep Structure; Ontogeny and Phylogeny; and Biotechnology. The Origin of the Nervous System; The Evolution of Intelligence; Neurulation and the Human Brain; Organogenesis; The Musculoskeletal and Hematopoietic Systems; Mind; The Origin of Sexuality and Gender. Healing; Transsexuality, Intersexuality, and the Cultural Basis of Gender; Self and Desire; Cosmogeneration and Mortality*

**2013** North Atlantic Books

Discusses the evolution of the New Age movement, and its involvement with channeling, UFOs, reincarnation, mysticism, and more

**Transforming the Nature of Health** North Atlantic Books

This book, along with the *Temple of Baseball and Baseball, I Gave You the Best Years of My Life*, makes a fantastic trilogy of personal baseball. The viewing experience is melded with playing, art, and life (before it was fashionable) into something great.

The Bardo of Waking Life North Atlantic Books

"Over the course of human history, our perception of the universe has changed along with the developments on our own planet within our own societies. Richard Grossinger traces our perception of the universe and covers multiple aspects of humanity's complex relationship with the cosmos"--

**Embryogenesis** North Atlantic Books

An exploration into consciousness, the universe, and the nature of reality • Draws on transdimensional physics and biology, reincarnation and past-life memories, animal consciousness, multiple identities, thoughtforms, soul pictures, and paranormal phenomena like crop circles and poltergeists • Explores the riddle of personal identity and how it differs from consciousness • Reveals that consciousness is more than encompassing all that exists--it also speaks to what has yet to manifest Scientific orthodoxy views the universe as conceived of matter--protons, neutrons, electrons, down to the smallest particle, quarks. But, when you keep digging, what is "beneath" quarks? The scientific worldview does not take into account consciousness or life itself. How did consciousness become part of the material universe? Is it a by-product of brain chemistry or a constituent of reality? Or, to dig deeper, which is more fundamental: the existence of an objective physical universe or our subjective experience of it? In this investigation into consciousness, the universe, and the nature of reality, Richard Grossinger offers a wide-ranging foundation for reimagining the universe as based in consciousness rather than matter. He presents in-depth analysis of the standard scientific description of the universe, revealing the holes in its theories. Exploring the interpenetration of matter and all reality by

consciousness, the author looks at reincarnation and past-life memories, examining famous and lesser-known but verifiable accounts. He then explores the nature and origin of consciousness, with accompanying explorations of animal consciousness, the brain as a computer, multiple identities, thoughtforms, soul pictures, and paranormal phenomena like UFOs, faeries, and poltergeists. He also examines concepts from physics that combine elements of both consciousness and matter, such as collapsing waveforms and the uncertainty principle of quantum mechanics. Examining nonlocal and transpersonal modes of consciousness, Grossinger looks at the difference between consciousness and personal identity. He expands this discussion with reflections on Sethian cosmology, using Seth's own words and Jane Roberts's and John Friedlander's interpretations. He reveals that consciousness also encompasses what has yet to manifest and explains why the universe exists at all: why there is "something" rather than "nothing." Skewing the materialist paradigm and placing consciousness alongside mass, gravity, and heat as an essential component of the universe, Grossinger proposes that reality is a thoughtform where sentient beings collaborate to bring about a concrete realm vibrating at their own frequency.

**Dark Pool of Light, Volume Three**

*Embryogenesis*  
*The Dreamlife of Johnny Baseball*  
This book, along with the *Temple of Baseball and Baseball, I Gave You the Best Years of My Life*, makes a fantastic trilogy of personal baseball. The viewing experience is melded with playing, art, and life (before it was fashionable) into something great.  
*Migraine Auras*  
Charles Ridley is known for having refined a version of biodynamic craniosacral work that is nonmedical and nonmechanical. In *Stillness*, he clarifies the three fundamental types of this work – biomechanical, functional, and biodynamic. He explains the requirements and pitfalls of each model, and how to discern the differences and similarities between them. He guides the practitioner experientially to explore what he is describing, and offers exercises drawn from his own practice to help therapists access directly the whole felt-body sense that connects each individual with the Breath of Life.  
**Dark Pool of Light: The neuroscience, evolution, and ontology of consciousness** North Atlantic Books  
"A thorough description of the evolution of cranial osteopathic medicine into a new form available to many health care providers, this book presents a technique of touch therapy that is extremely gentle and subtle and gives practical exercises to be proficient in healing physical, spiritual, and emotional conditions"--